

Zwift Routes by Difficulty

Route	World	Length	Elevation	Badge XP	
Volcano Circuit CCW	Watopia	4.1km (2.6 miles)	17m (56')	80XP	1 Bidon
Volcano Circuit	Watopia	4km (2.6 miles)	17m (56')	80XP	
Queen's Highway	Yorkshire	3km (1.9 miles)	37m (121')	60XP	
Duchy Estate	Yorkshire	3km (1.9 miles)	37m (121')	60XP	
Prefer Flat Roads	Richmond	5km (3.1 miles)	13m (43')	100XP	
Classique	London	5.4 km (3.3 miles)	19m (62')	110XP	
The 6 Train	New York	6.4km (4 miles)	61m (203')	130XP	
Jungle Circuit	Watopia	7.9km (4.9 miles)	79m (259')	260XP	
Innsbruckring	Innsbruck	8.8km (5.5 miles)	72m (237')	170XP	
Flat Route	Watopia	10.3km (6.4 miles)	54m (177')	200XP	
Greater London Flat	London	11.6km (7.2 miles)	45m (149')	230XP	
Volcano Flat	Watopia	12.3km (7.7 miles)	46m (151')	240XP	
Hilly Route	Watopia	9.1km (5.7 miles)	100m (329')	180XP	
Park Perimeter Loop	New York	9.7km (6.1 miles)	120m (393')	190XP	
Grand Central Circuit	New York	6.8km (4.2 miles)	137m (452')	140XP	
Tempus Fugit	Watopia	17.3km (10.7 miles)	16m (52')	380XP	
Prefer Hilly Roads	Richmond	9.2km (5.7 miles)	126m (413')	180XP	
Tick Tock	Watopia	16.8km (10.5 miles)	44m (146')	380XP	
Astoria Line 8	New York	11.5km (7.2 miles)	129m (425')	230XP	
Whole Lotta Lava	Watopia	12.3km (7.63 miles)	153m (503')	240XP	
The Highline	New York	10.5km (6.5 miles)	175m (576')	210XP	
Tour of Tewit Well	Yorkshire	10.4km (6.5 miles)	200m (655')	210XP	
2015 UCI Worlds Course	Richmond	16.3km (10.1 miles)	142m (467')	320XP	
Lady Liberty	New York	12.3km (7.7 miles)	197m (648')	240XP	
Sand and Sequoias	Watopia	20.2km (12.6 miles)	147m (482')	400XP	
2019 UCI Worlds Harrogate Circuit	Yorkshire	13.8km (8.6 miles)	240m (787')	270XP	
London Loop	London	14.9 km (9.2 miles)	220m (722')	300XP	
Greatest London Flat	London	23.6km (14.6 miles)	147m (484')	500XP	2 Bidon
Volcano Climb	Watopia	22.8km (14.2 miles)	192m (630')	460XP	
London 8	London	20.3 km (12.6 miles)	238m (780')	410XP	
Greater London Loop	London	21km (13 miles)	244m (800')	420XP	
Greater London 8	London	23.8km (14.8 miles)	256m (840')	480XP	
Mighty Metropolitan	New York	20.0km (12.5 miles)	307m (1008')	400XP	
Figure 8 Reverse	Watopia	29.8km (18.4 miles)	234m (770')	580XP	
Figure 8	Watopia	29.8km (18.4 miles)	234m (770')	580XP	
Road to Ruins	Watopia	29.6km (18.4 miles)	268m (905')	580XP	
Knickerbocker Reverse	New York	22.5km (14 miles)	346m (1136')	450XP	
Knickerbocker	New York	22.5km (14 miles)	346m (1136')	450XP	
Rising Empire	New York	20.7km (12.9 miles)	362m (1189')	410XP	
Greatest London Loop	London	25.6km (15.9 miles)	345m (1132')	510XP	
Out and Back Again	Watopia	39.8km (24.8 miles)	303m (997')	840XP	
2018 UCI Worlds Course Short Lap	Innsbruck	23.6km (14.7 miles)	487m (1598')	470XP	
Royal Pump Room 8	Yorkshire	27.2km (16.9 miles)	480m (1574')	550XP	

	Everything Bagel	New York	34.2km (21.3 miles)	525m (1722')	690XP	3 Bidon
	Triple Loops	London	40.8km (25.4 miles)	544m (1785')	810XP	
	Mountain Route	Watopia	29.5km (18.3 miles)	671m (2201')	580XP	
	Big Loop	Watopia	42.4km (26.6 miles)	651m (2175')	840XP	
	Dust In the Wind	Watopia	54.6km (33.9 miles)	529m (1736')	1080XP	
	Lutscher	Innsbruck	24.2km (15.1 miles)	823m (2703')	270XP	
	The London Pretzel	London	55.6km (34.5 miles)	531m (1742')	1100XP	
	Muir and the Mountain	Watopia	33.9km (21 miles)	767m (2516')	680XP	
	Mountain 8	Watopia	32km (19.9 miles)	677m (2,221')	640XP	
	Bigger Loop	Watopia	53.1km (33 miles)	678m (2,225')	1060XP	
	Lutscher CCW	Innsbruck	22.3km (13.9 miles)	821m (2696')	240XP	
	Surrey Hills	London	44.1km (27.4 miles)	1029m (3377')	820XP	4 Bidon
	Big Foot Hills	Watopia	67.5km (41.9 miles)	637m (2090')	1340XP	
	Three Sisters	Watopia	47.8km (29.7 miles)	879m (2883')	950XP	
	Road to Sky	Watopia	17.3 km (10.7 miles)	1045m (3428')	380XP	
	Achterbahn	Innsbruck	47.38km (29.4 miles)	973m (3194')	950XP	
	Tour of Fire and Ice	Watopia	25 km (15.6 miles)	1161m (3812')	500XP	
	The PRL Half	London	69 km (42.8 miles)	954m (3,130')	1380XP	
	The Pretzel	Watopia	72.2km (44.9 miles)	1,333m (4,375')	1440XP	
	Quatch Quest	Watopia	45.9km (28.5 miles)	1683m (5521')	920XP	
	The Mega Pretzel	Watopia	107km (66.5 miles)	1642m (5387')	2140XP	
	Four Horsemen	Watopia	89.3 km (55.5 miles)	2112m (6929')	1780XP	
	The Über Pretzel	Watopia	128.3km (79.7 miles)	2,335m (7,661')	2560XP	
	The PRL Full	London	173 km (107.5 miles)	2,496m (8,189')	3460XP	

